

# THE COMMUNITY ADVOCATE

JOHNSON FERRY EAST



Johnson Ferry East Apartments  
2248 Johnson Ferry Road, Atlanta, Georgia 30319  
(404) 270-2581 Office and 678-991-0139 Emergency Number

**JANUARY  
2007**



*Happy New Year!*

A fresh new year to do all those things you didn't finish last year. Rather than making new year resolutions that will nag you all year, why not make a list of the people you'd like to spend more time with and plan events to do with them instead? Friendships are healthy. They make the heart grow fonder and keep your mind active. Enjoy!

The Advocate is published monthly with news for the Johnson Ferry residents by the HADC Compliance Department. Residents or clubs are invited to submit short "announcements" and/or pictures from activities held. Please submit to your property manager and we will publish (depending on space) in the next available newsletter.

## **MARTIN LUTHER KING JR. MONDAY, JANUARY 15<sup>TH</sup>**

Embrace his dream, share his love, spread peace and celebrate freedom and tranquility. Dr. King's work and legacy reiterates the importance of remembering his teachings and principles for nonviolence and human rights. This is a day for community service initiatives & programs promoting interracial cooperation, not just a day off from school or work.

**The King Center**, located at 449 Auburn Avenue, NE Atlanta, will be abuzz with activities from January 1<sup>st</sup> - 15<sup>th</sup> honoring Martin Luther King, Jr. and celebrating his birthday. It is also open for tours and special events throughout the year. For more information call 404-526-8923.

**Ebenezer Baptist Church** is truly a historical landmark. Founded in 1886, both Martin Luther King Sr. and Jr. have given many powerful sermons at Ebenezer Baptist Church. Located at 407 Auburn Avenue, NE Atlanta, the Martin Luther King, Jr. Annual Commemorative Service will be held on Monday, January 15<sup>th</sup> at 10 a.m. For more information, call Barbara Harrison at 404-526-8911.



## RESOURCE NUMBERS

Lou Walker Senior Center 770-322-2900

DeKalb Senior Link Line 770-322-2950

Friends of Disabled Adults & Children  
770-491-9014

Oakhurst Medical Center 404-298-8998

CVS Pharmacy 404-216-8605

Poison Control 404-616-9000

Police ~ Fire ~ Ambulance 911

Non-emergency Police 404-294-2323

United Way 211



Check out the HADC web site!

Go to [www.dekalbhousing.org](http://www.dekalbhousing.org)



Some of the highlights include links to the new landlord and property listings, current news under resident resources and info for the Johnson Ferry East Master Redevelopment

## HEALTH CORNER



### North DeKalb County Health Center

770 - 454 - 1144

Hours Monday - Friday 8:15 am - 4:00 pm

The DeKalb County Board of Health offers many clinical and health services at the North DeKalb Health Center located at 3807 Clairmont Road.

#### Services:

- **Adult primary care** (by appointment)
- **Blood test for marriage**
- **Breast and Cervical Cancer screening**
- **Family Planning services**
- **Hearing and Vision screening**
- **HIV testing and counseling**
- **Immunization for travel**
- **Mammogram referral**
- **Medicaid enrollment (available)**
- **Obstetric services** (by appointment)
- **Post partum exams**
- **Pregnancy test**
- **Prenatal care**
- **Sexually transmitted disease tests/treatment**
- **Tuberculosis services**
- **Dental services** (by appt. **770-454-1144** x 2014)

## Need help with prescription costs? FREE DeKalb County Prescription Discount Card

**If you don't have Prescription Insurance, please drop by any HADC office to p/u a card**

No forms or enrollment fee - Begin using it immediately - Any age - No restrictions or limits on how often you use it. This plan is not an insurance plan but a joint effort of DeKalb County and the National Association of Counties (NACo). Available at participating pharmacies & savings may vary by drug type.

**For info on this program call 877-321-2652 or visit <https://naco.advancerx.com>**

## BOOKNOOK CORNER



### Chamblee Branch

4115 Clairmont Rd, Chamblee, GA 30341

Hours: 10 am - 8 pm Monday - Thursday

10 am - 5 pm Friday - Saturday

1-5 pm Sunday

**Phone: 770-936-1380**

*Library cards are FREE to DeKalb County residents - Visit your branch today!*

[www.dekalblibrary.org](http://www.dekalblibrary.org)

## DEKALB COUNTY PUBLIC LIBRARY

*- a great place to go to keep your mind sharp*

### Here are some of the programs available:

- Large print books
- Free "mailbox" books (books mailed to your home)
- Services for people with disabilities
- Adult "Basic Education" program classes
- Free "English as a Second Language" (ESL) classes
- Free "U.S. Citizenship" classes
- Computer classes (Internet, MS Word)
- Test preparation (GED, ASVAB, & many others)
- Free "Small Business" resource center & materials
- Free "Vacation Reading" program for children

## IN CASE OF FIRE

Get out first, then call 911 and management office. Close doors behind you as you escape. Before opening door, test doorknob and spaces around the door with the back of your hand. If door is warm, do not open and try another escape route. If door is cool, open slowly and close door behind you to keep out smoke. In case of smoke, crawl keeping your head 1-2 feet above floor where the air is cleanest.

## HADC Resident Advisory Board (RAB)

### RAB Meetings

Held the first Monday of each month at the HADC Central Office from 6 - 8:00 pm

### Bus Pick-up Schedule

Johnson Ferry East	4:00 pm
Hairston Lake	5:00 pm
Spring Chase	5:15 pm
Tobie Grant Manor	5:30 pm



## A Message from Property Management

On behalf of the staff at Johnson Ferry East, we would like to wish all the residents and your families a "Happy and prosperous New Year!!!"

We would also like to thank all the residents, family members and Senior Connections for joining and supporting JFE Holiday celebration held on Wednesday, December 20, 2006. Your support and participation is certainly appreciated!

### Annual Apartment Inspections

During the month of January, apartments will be entered by maintenance and/or management staff for annual inspection of your apartment. You will be notified in advance of dates & times for your building & apartment to be entered. As always, you may choose to be present, however it not required. Thank you in advance for your continued cooperation.

### Transportation Service

We would like to encourage all senior and disabled residents to take advantage of our FREE bus service that is available to and from shopping centers and grocery stores in our area. The bus departs at 9:30 am each Thursday from the management office.

## FIRE SAFETY

The best way to stop a fire is to never let one start. And since fire prevention is all of our responsibility, we invite you to join us in identifying fire hazards and safe objects in your home.

**Fire escape plan** Develop a fire-escape plan and make sure everyone in the family studies it. You should know at least 2 ways out of every room in your home to safely escape a fire. Hold home fire drills (especially in the evening since kids get disoriented in the dark) & practice often. Pick a meeting place outside of home in case of fire. Make sure everyone knows that once outside, stay out! Get out first, and then call 911 on mobile cell phone or neighbor's phone.

**Smoke alarms** Understand the need for working smoke alarms. Test it once a month and change battery once a year.

**Outlets** Be careful not to overload an outlet. Do not run an extension cord across the room for someone to trip over and/or pull down lamp or knock over electronics.

**Appliances** Unplug all electrical appliances when not in use. Shut off iron and put away after use. Turn off the dryer when you leave your home and empty lint tray after each use. Never put anything over a lamp, radiator or heater, such as clothes, blanket or towel that can burn.

**Water** Never put electrical appliances near water, especially a bathtub. Do not place fishbowls, candles or other liquids on top of TV or other electronics.

**Candles** Keep candles away from materials that can burn, such as towels and curtains. Don't leave them burning when no one is in the room and always put all candles out before going to sleep. Store matches away from children's reach and teach your children not to play with matches.

**Smoking** No one should ever smoke in bed. The safest place to smoke is outside. If people smoke in the house, have them sit near an open window, use a large deep ashtray placed on a flat surface (where it can't be tipped over) and dispose of ashes in a metal container.

**Stove** The handles to pots should be turned toward the center of the stove so they can't be knocked off and keep lids nearby to smother flames in a pan, if necessary. Keep stove clean of grease. Store oven mitts a safe distance away from heat source and never hang them above the stove.

# JANUARY 2007

## JOHNSON FERRY EAST COMMUNITY

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> <div style="border: 1px solid black; background-color: #ffffcc; padding: 5px; text-align: center;">                     OFFICE CLOSED New Year's Day                 </div>	<b>2</b>	<b>3</b> YMCA Exercise Class @ 10 am  Inspiration 2 pm	<b>4</b> Shopping trip Bus p/u 9:30 am	<b>5</b>  Korean Inspirational 3 pm	<b>6</b>
<b>7</b>	<b>8</b> YMCA Exercise Class @ 10 am	<b>9</b>	<b>10</b> YMCA Exercise Class @ 10 am  Inspiration 2 pm	<b>11</b> Shopping trip Bus p/u 9:30 am	<b>12</b>  Korean Inspirational 3 pm	<b>13</b>
<b>14</b>	<b>15</b> <div style="border: 1px solid black; background-color: #ffffcc; padding: 5px; text-align: center;">                     OFFICE CLOSED Martin Luther King, Jr. Observance                 </div>	<b>16</b>	<b>17</b> YMCA Exercise Class @ 10 am  Inspiration 2 pm	<b>18</b> Shopping trip Bus p/u 9:30 am	<b>19</b>  Korean Inspirational 3 pm	<b>20</b>
<b>21</b>	<b>22</b> YMCA Exercise Class @ 10 am	<b>23</b>	<b>24</b> YMCA Exercise Class @ 10 am  Inspiration 2 pm	<b>25</b> Shopping trip Bus p/u 9:30 am	<b>26</b>  Korean Inspirational 3 pm	<b>27</b>
<b>28</b>	<b>29</b> YMCA Exercise Class @ 10 am	<b>30</b>	<b>31</b> YMCA Exercise Class @ 10 am  Inspiration 2 pm			