

THE SENIOR ADVOCATE

HAIRSTON LAKE



Hairston Lake Apartments
1023 N. Hairston Road, Stone Mountain, Georgia 30083
(404) 296-4116 Office and (770) 332-1857 Emergency Number

**APRIL
2007**



The Advocate is published monthly with news for the Hairston Lake residents by the HADC Compliance Department. Residents or clubs are invited to submit short "announcements" and/or pictures from activities held. Please submit to your property manager and we will publish (depending on space) in the next available newsletter.

Celebrate EASTER at Stone Mountain Park

The **World's Largest Easter Egg Hunt** is FREE for guests!

Date: **Sunday, April 1st**

Time: **2:00 pm**

Location: **Special Events Meadow**

Last year's Easter Egg Hunt was certified as the Guinness World's Record for largest Easter Egg Hunt with over 300,000 eggs! This year's hunt will have even more eggs. Also enjoy face painting, balloon animals & a special appearance by the Easter Bunny. Children should bring their own Easter basket (large baskets or bags are not allowed). There are separate hunting areas for ages 3 & under, ages 4-6, & ages 7-12. Parents are only not allowed to enter the areas for ages 4-6 & 7-12 but there are ample viewing areas located along the sidelines. Vehicle entry to the Park is \$8 (cash only) for a 1-day permit.

The 63rd Annual **Easter Sunrise Service** is FREE for guests!

Date: **Sunday, April 8th**

Time: **6:15 am**

2 Locations: **top of Mountain & base of Mountain**

There will be 2 simultaneous, non-denominational services: one at the top of Stone Mountain and at the base of the mountain on Memorial Lawn. The gates to the Park and the Summit Sky-ride will open at 4:00 am. Services will begin approximately at 6:15 am. Please allow an extra hour or more for large crowds. The regular fee for the Sky-ride (round-trip) will be charged: \$9 for adults and \$7 for children ages 3-11. There are no fees for the walk-up trail to the top of the mountain. Vehicle entry to the Park is \$8 (cash only) for a 1-day permit.

Other Events in April:

Atlanta Dogwood Festival

Date: **Friday, April 13 - Sunday, April 15**

Location: **Piedmont Park** 404-817-6642
887 W Marietta St NW, Atlanta

Now in its 71st year, a professional arts & music festival featuring an incredible artist market of over 200 of the country's top painters, sculptors, photographers, jewelry craftsmen, glass blowers and much more. Musical performances by well-known bands will be provided all day Friday, Saturday & Sunday. For more info: www.dogwood.org

March of Dimes WALK AMERICA

Date: **Saturday, April 28th**

Location: **Centennial Olympic Park**
265 Park Ave W, Atlanta

Join WALKAMERICA, take a walk, get inspired & make new friends. Premature birth is the # 1 cause of newborn death affecting the lives of more than 1/2 a million babies and it's growing at an alarming rate. Walk for all babies: a special child in your life, a healthy baby, a premature baby or a sick one. For more info: www.walkamerica.org



RESOURCE NUMBERS

Lou Walker Senior Center 770-322-2900

DeKalb Senior Link Line 770-322-2950

Friends of Disabled Adults & Children
770-491-9014

Oakhurst Medical Center 404-298-8998

Walgreens Pharmacy 404-508-7166 24 hr
5320 Memorial Drive

CVS Pharmacy 404-292-0484 8am -10 pm
1140 N Hairston Rd

Poison Control 404-616-9000

Police ~ Fire ~ Ambulance 911

Non-emergency Police 404-294-2323

United Way 211

HADC Central Office 404-270-2500

HADC web site www.dekalbhousing.org



HEALTH CORNER



East DeKalb County Health Center

770-484-2600

Hours Monday - Friday 8:15 am - 4:00 pm

The DeKalb County Board of Health offers many clinical and health services at the East Dekalb Health Center located at 2277 South Stone Mountain-Lithonia Rd.

Services:

- **Adult primary care** (by appointment)
- **Blood test for marriage**
- **Breast and Cervical Cancer screening**
- **Family Planning services**
- **Hearing and Vision screening**
- **HIV testing and counseling**
- **Immunization for travel**
- **Mammogram referral**
- **Medicaid enrollment (available)**
- **Obstetric services** (by appointment)
- **Post partum exams**
- **Pregnancy test**
- **Prenatal care**
- **Sexually transmitted disease tests/treatment**
- **Tuberculosis services**
- **Dental services** (by appointment **770-484-2623**)

Happy Birthday to you!

Marie Allen 4/4

Edward Brown 4/5

Thelma Gresham 4/9

Edna Johnson 4/11

Willie Ellis 4/14

Goldie Cook 4/16

Molly Nurse 4/18

William Brown 4/22

Clunis Reid 4/22

Frances Thomas 4/24

Thelma Andrews 4/27

Mary Roberson 4/29

Cleveland Alford 4/30



EXERCISE CLASSES



Decatur/DeKalb YMCA
Exercise classes are held weekly to help
keep you strong and flexible!
- see calendar (back cover) for days & time

BOOKNOOK CORNER



Stone-Mountain-Sue Kellogg Branch

952 Leon St, Stone Mountain, GA 30083

Hours: 10 am - 8 pm Monday - Wednesday
10 am - 5 pm Thursday - Saturday

Phone: 770-413-2020

Library cards are FREE to DeKalb County residents – visit your branch today!

www.dekalblibrary.org

DEKALB COUNTY PUBLIC LIBRARY

- a great place to go to keep your mind sharp

Here are some of the programs available:

- Large print books
- Free mailbox books (books mailed to your home)
- Services for people with disabilities
- Adult Basic Education
- Free English as a Second Language (ESL)
- Free U.S. Citizenship classes
- Computer classes (Internet, MS Word)
- Test preparation (GED, ASVAB, & many others)
- Free "Small Business" resource center & materials
- Free "Vacation Reading" program for children

FREE DeKalb County Prescription Discount Card

No forms or enrollment fee - Any age - Begin using it immediately - No restrictions or limits on how often you use it. This plan is not an insurance plan but a joint effort of DeKalb County and the National Association of Counties (NACo). Available at participating pharmacies and savings may vary by drug type.

Pick up a card at any HADC office call 877-321-2652 for more info or visit <https://naco.advancerox.com>

HADC Resident Advisory Board (RAB)

RAB Meetings - Held the 1st Monday of each month at the HADC central office from 6-8 pm
Next meeting: Monday, April 2nd, 2007

Bus Pick-up Schedule:

Johnson Ferry East	4:00 pm
Hairston Lake	5:00 pm
Spring Chase	5:15 pm
Tobie Grant Manor	5:30 pm



Sign up Now for next month:



Mayors' Walk - Tuesday, May 1, 2007

The 21st annual Mayors' Walk will be held at Grant Park in Atlanta for individuals 50 and older. This yearly fitness event includes timed/competitive one-mile and three-mile walks. Awards are given to 1st, 2nd & 3rd place walkers.

Registration Info: The \$10 registration fee includes an information fair, a boxed lunch, entertainment and a T-shirt. **Stop by the HL office** to pick-up your registration form or for additional information, **call 404.463.3239.**

Senior Olympics - May 14th thru May 22nd

The 2007 Atlanta Senior Olympics will be held in Atlanta at the Marcus Jewish Community Center of Atlanta and at venues around metro Atlanta for adults 50 and older from serious competitors to couch potatoes.

Register at: www.atlantaseniorolympics.org

If you're interested in volunteering, contact Kenny Silverboard
Phone: 770-395-2553 Email: ww.Kenny.silverboard@atlantajcc.org

Seniors on the Move Travel Club

Train Trip to
Americus, GA
April 13, 2007



For more information contact:
Emma Pruet 404-508-6097
Fredrica Watson 404-297-8960

Next meeting:
Thursday, April 12th @ 2 pm

Spotlight :

The Hairston Lake News

Happenings at Hairston Lake Apartments
1023 N. Hairston Rd., Stone Mtn., Ga., 30083
Issue 1-Volume 1 March 2007

Residents Form Association - by Geraldine Savoy, Editor

Zenith Stevens Elected as President

On December 21, 2006, residents of the Hairston Lake Apts. approved the bylaws for the newly formed Tenants Association. Nominations were taken and the election was held on Tuesday January 16th, 2007.

Overwhelming voter support was given to Zenith Stevens in her bid for the Presidency.

No doubt she is an excellent choice for the position due to her enthusiasm, dedication, and concern for the well being of all of the residents at Hairston Lake Apartments. She is always ready to listen and help with whatever concerns they may have. Her personality and quick smile make her a joy to be around.

Congratulations to Ms. Stevens as she takes the helm of the HLARA and brings us forward in the coming year in peace and harmony!



Geraldine Savoy, resident, Zenith Stevens, President, Annette Merritt, Assistant Secretary.

Other officers are:
Gloria J. Williams, Vice-President; Frederica Watson, Secretary; Winona Jobe, Treasurer; Emma Pruet, Assistant Treasurer.

A Jewel of a Man

Simon, our bus driver (I don't know his last name) took some of the residents on a sight-seeing tour of Atlanta on Friday, March 2, 2006. We were scheduled to just visit the Atlantic Station facilities, but Simon felt that we really needed to tour some other sites as well (bless his heart) After we left Atlantic Station which is a city in itself and quite a delight, with all of the upscale stores and elegant apartments we stopped at the Varsity to eat lunch. If you have not visited this place, it is quite a "tourist attraction, especially for the young and "young at heart". I had heard about the Varsity while I was living in Philadelphia and always intended to visit, but this was the first time seeing it. The pictures of many celebrities that adorned the walls were fascinating, as well as the artifacts and memorabilia of bygone days of Atlanta.

A local artist was sketching different scenes and places around Atlanta. He was very good, and as I chatted with him I found out that he was also from my home state of Pennsylvania and had attended the same college as I had, the University of Pennsylvania.

When we left the Varsity, Simon headed us to Value City in Alpharetta. Along the way he pointed out some areas of Atlanta that were really interesting, especially the large old stately mansions, and new construction of homes.

Thanks "Simon" for the delightful trip!



Stay tuned for more exciting trips by Simon.

The Hairston Lake News Resident Association Newsletter

A special thanks to the Resident Association Committee and the residents for their prayers and giving of themselves on behalf of the passing of Mrs. Stella Bethea.

Upcoming Event:

Picnic at Stone Mountain Park - May 4, 2007 (all day)

Picnic from 10 am - 3 pm - See Sign up-Sheet

What dish can you bring to the picnic?

Fun things to do at the park:

Fishing, Walking, Train, Boat, Sky Lift, Golf, Sightseeing, etc.

Other FUN things we are looking into for the Summer:
World Of Coca Cola, Old Spaghetti Factory, Zoo Atlanta, Cheesecake Factory, Fernbank Museum, Bowling/Pool, a day at the Movie and the Botanical Garden.

Keep a watch in the Resident Newsletter for upcoming events.

If you have any suggestions please let us know.

Congratulation to **Geraldine Savoy**, the new editor of the Resident Association Newsletter for Hairston Lake.

APRIL 2007

HAIRSTON LAKE COMMUNITY

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Bank / PO / Farmer's Market @ 9am Bread @ 12 noon Target / Walmart @ 1:30 pm RAB Meeting 6 - 8 pm - Bus p/u 5 pm	3 Walking @ 8:15 am (N Dekalb Mall) Exercise class -11 am Lunch & Learn cooking demonstration @ 12:30 pm – Medicare Health Education	4 Inspirational Class @ 11 am Choir rehearsal @ 3 pm All invited	5 Exercise class -11 am	6 The Avenue Shops & Lunch Bus p/u 9 am GOOD FRIDAY	7
8 E A S T E R	9 Bank / PO / Farmer's Market @ 9am Bread @ 12 noon Target / Walmart @ 1:30 pm	10 Walking @ 8:15 am (N Dekalb Mall) Exercise class -11 am	11 Inspirational Class @ 11 am	12 Exercise class -11 am Travel Club Meeting @ 2 pm	13 Bingo @ 2pm Seniors on the Move Travel Club Trip to Americus	14
15	16 Bank / PO / Publix @ 9 am Bread @ 12 noon Target / Walmart @ 1:30 pm	17 Walking @ 8:15 am (N Dekalb Mall) Exercise class -11 am Resident Association Meeting @ 2 pm	18 Inspirational Class @ 11 am	19 Exercise class -11 am	20 To be announced	21
22	23 Bank / PO / Publix @ 9 am Bread @ 12 noon Target / Walmart @ 1:30 pm	24 Walking @ 8:15 am (N Dekalb Mall) Exercise class -11 am	25 Inspirational Class @ 11 am	26 Exercise class -11 am	27 Bingo @ 2pm	28
27	30 Bank / PO / Publix @ 9 am Bread @ 12 noon Target / Walmart @ 1:30 pm	MAY 1 Mayor's Walk 10 am - 1:30 pm Grant Park check with office for bus schedule			MAY 4 PICNIC at Stone Mountain Park 10 am - 3 pm check with office for bus schedule	